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Introduction:

This cultural unit will tell a story of old ways to the new way of our cultural way of life.

Cultural Objective:

Students will learn how to prepare for a way of life that today is done differently but similar to our old way of life.

Cultural Information:

The PPT presentation will demonstrate how this process was done long ago and is still going on today.

Long ago we lived a simple life style; we rose to the Giizis (Sun) or before smoked our pipes, maybe had a sweat a little while after sunrise. Planned for the day on what we were going to do. The women planned with the young women, such as tanning the hides, making clothes, taking care of food preparation. The winter months, had story telling which taught the lessons to the younger generation on how to act and live. If you were a hunter, fisherman, trapper you would listen closely to what one of the stories an elder would share. Same goes with the young boys and girls if they are hunters, trappers or fishermen.

Summer camp was the time when berry picking was done, the men went out hunting, trapping and fishing with the young men and the women prepared the meals, made maple candy, put the syrup in containers that would not leak, prepared the racks for the meat when the men came back, butchered the animals and prepared the meat and whatever else was gathered during the summer. That could be berries, vegetables, other fruits they found, medicine, and plants that were needed for food preparation. This then was dried in an open area with the Giizis. The animals that were hunted may be deer, bear, moose, elk, rabbits, muskrats, and beaver.

Hunted:



Skinned:



How it is done:

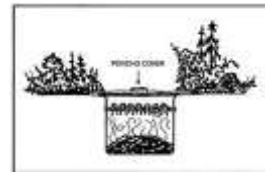
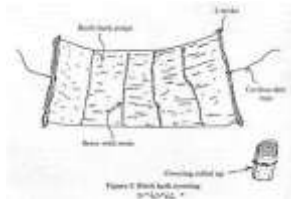
Sliced very thin:



Place on racks:



Dried for days:



Tools used: long ago:



Different kinds of foods dried:

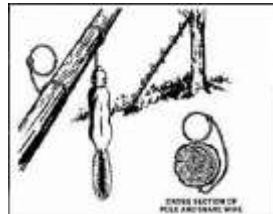


Today's way of drying:

Today we still dry foods the old way/Elders.



Also, we have evolved to using electric or making our own way of drying foods such as a wooden box or on a roof top.



Some use both ways to help the process get done quicker.



Tools used today:



I have done every one of these ways in my lifetime.

Author biography:

Boozhoo, my name is Miigizi Ikwe, Wapski Makwa indoodem, Mikanock Wajii. My other name is Frances Allard, I'm from the Turtle Mountain Chippewa Reservation in Belcourt, ND. I am Anishinabe Ikwe (Ojibwa)/Cree/Mitchif and the eldest of 8 siblings. I have two sons, an adopted daughter, a foster daughter and an adopted grandson. I have seven grandchildren and one great-granddaughter. I raised two other young men as well; one lives here in Belcourt and the other lives in Colorado. My father was a marine, my mother was a beautician, and when I was a child, we traveled throughout the US/Guam/Japan before returning to the Turtle Mountain home of my parents in 1959 when I was 14 years old.

I have had a lot of educational experiences, both formal and informal. I graduated from Turtle Mountain Community High School in 1963; got an LPN degree in 1974 through the Lake Region Jr. College in Devil's Lake, ND and was trained in Belcourt; completed a BA in Communication/Dance in 1985 (Missoula, Mt) during the summers I worked as a woodland fire fighter; added an AA in Chemical Dependency in 1993 and an AA in Child Abuse/Neglect in 1994 from Lummi Community College (which later became Northwest Indian College) in Bellingham, WA; and then went back to TMCC for an AA in Commercial Art/Graphic Design in 2005; and picked up many certificates along the way. During those years, I was educated also by many Elders from different tribal nations and finally came home to Belcourt in 1995 and began my studies with all the Elders in the Turtle Mountains. I learned a lot and was honored to sit with them and learn from them. I also went to Canada to learn from the other half of my blood line, the Cree Nation. My travels took me across the US/Canada and across the ocean to Guam and Japan, learning many cultures along the way. The very first teachings I learned were the Seven Teachings of the Ojibwa, which came from my Aunt Edna Cloud who began this journey for me.

While I was in college, I learned to do research and found that very interesting. That training has become even more useful now that I am a board member of the Turtle Mountain Chippewa Tribal Nations Research Group, a board that reviews and approves all research done on the Turtle Mountain Chippewa Reservation. There are individuals from various universities who want to do research with our Turtle Mountain people, and the board makes sure they are following the guidelines of the Tribal Nations Research Group. We are the protectors of our people in the research/data arena.

I learned to sew in high school and loved it. This is one of my gifts that I have. I design all of my regalia (the traditional clothing/accessories) that I wear for Ceremonies/Pow Wows/special occasions. Since I have moved home, I have designed and made regalia for my grandchildren and other young people as well as others who request it of me.

I am a Cultural Advisor for TMCC and ND EPSCoR. I work with 6-12 graders in ND EPSCoR NATURE camps during the summer months and ND EPSCoR NATURE Sunday Academies during the school year. I write cultural supplements for each of the STEM topics covered in the various STEM activities. If I am not familiar with a STEM topic, I do research on the topic so that I can figure out which cultural information fits best with it. This I have been doing for 22 years. I work for TMCC as an instructor, and was asked by the TMCC president and vice

president many years ago to develop an archive for our artifacts by our people (clothing, tools, baskets, sculptures, etc.) for the college, which I did for 6 years. I am also currently working for the Turtle Mountain Chippewa Heritage Center for the last 3 years as an archivist/assistant for our artifacts and the tour guide to explain the historical way of life of our people here on the Turtle Mountain Chippewa Reservation. I also do research on various artifacts in our collection to find the importance/year/geographic origin of the items.

I realize that my passion is all about what I have learned and how to give back to our families, relatives, friends, and those who want to know who we are as Anishinabe people. I am grateful for the teachings of our elders, our young people of today and my children. I am also a sponsor for those who are struggling with alcohol/drugs on a one-on-one basis, as well in the sweat lodge. I work with the youth, adults, and the elders, outside this community in all four directions.

As I look at my journey throughout my life, my vision is to work with my people in any way I can to teach what I know, and pass it on to all that are interested in our Native way of life. I live simply so that I can live in peace and harmony in nature, which means I will follow the Seven Teachings in a good way. Those teachings came from my elders and I take the lessons they taught me seriously and to heart. So, my mission is to guide those who want the Seven Teachings in their life. The Seven Teachings are Love, Honesty, Humility, Bravery, Respect, Wisdom and Truth.